

# Scalby School

## Newsletter – Friday 26th May



Dear Parents, and Carers

I hope this latest newsletter finds you and your families well.

### Half-Term Arrangements

Summer term 2 starts on Monday 5<sup>th</sup> June at the usual time of 08:20. The summer term ends on Friday 21<sup>st</sup> July. Students will finish school at 12:30 on this day.

### GCSE Examination Update

Year 11 students are 2 weeks into GCSE examinations and the mood has been overwhelmingly positive as students have come out of exams. Students have approached the exams in a focused way, demonstrating they are prepared and ready to share all the learning they have done over the last five years, embracing our school values. Thank you to staff and parents for continuing to provide support for students both in the classroom and at home.

There are a number of revision classes running during half-term, students have been provided with a timetable this week. I would ask you to encourage students to attend the sessions their teachers have asked them to come to. Year 11 students will be required in school up to and including Friday 16<sup>th</sup> June, when the final two exams take place.

### Student Equipment

Unfortunately, a minority of students regularly arrive at school without the correct equipment. Students being prepared to learn is a basic expectation at Scalby School. Please find below the list of equipment students are expected to bring with them each day. If students need to purchase equipment this can be done in the school library. The following are basic items of equipment that students should arrive at school with:

- School planner
- Pen, pencil, ruler and eraser
- Calculator
- A protractor, a pair of compasses
- A strong bag to carry homework, equipment and P.E. Kit.

### Vaping

We are aware about an increase in the number of incidents in our local community where children and young people are being exposed to potentially harmful substances through the use of electronic cigarettes and/or vapes. Vapes can come in a variety of different forms, shapes and sizes. Some common styles of vapes include ones which look like a thick pen or highlighter pen. These devices are usually very small and can be concealed on a person or blend in with normal school equipment, as a consequence they can be easily mistaken or missed.



Like cigarettes, shops and other retailers cannot sell vaping items to people under the age of 18. This includes the sale of vaping equipment, including liquids and devices. It is, therefore, clear that young people under the age of 18 should not be purchasing or be in possession of alternative nicotine products such as vapes. Whilst the sale of items as detailed above is illegal, students have reported to us that they are able to acquire devices online or from older siblings, friends and unfortunately in some instances even parents/carers.

Naturally, we will continue our work in school to educate students regarding the dangers of vaping and the legality surrounding this. I am sure that you will agree that the possession and use of vapes on the school premises is something that we simply cannot tolerate, consequently, we will view this in the same way as incidents of smoking or possession of smoking paraphernalia. As detailed in our Behaviour policy, which has also been shared and explained to students, anyone who is found to be in the possession of paraphernalia linked to smoking or vaping will have the said items confiscated and will be placed in consequences.

Incidents of students smoking/vaping will be addressed with a more severe sanction. I hope that you welcome this information in the spirit with which it is intended and that you share and understand our concerns about this potential harmful issue. We always aim to work in partnership with parents/carers to help support our students in making positive decisions for themselves and their future. We encourage you to have a conversation with your child/children about this topic. Should you have any further concerns, please do contact the relevant Pastoral Team Member at the school who will be more than willing and able to provide you with additional support and guidance.

### **Battle of the Bands**

It was a privilege to be present at Battle of the Bands last Thursday evening. The atmosphere and quality of the acts was fantastic. Many thanks to all those staff members involved in the organisation and delivery of this event, led expertly as always by Mrs Buric and Mrs Bancroft. Also, thanks to all the parents and families who took the time to attend. These activities / events provide another layer of development and opportunity for our young people that is vital as we try and shape them into responsible 21<sup>st</sup> century citizens. I received an email on Friday from a member of staff about something they had witnessed backstage at the event. I have shared it below. It embodies everything within our school values that I want us to teach our young people.

*'I'm not sure if you went backstage last night but there were some truly wonderful moments of older students supporting their younger peers. The second band to play - a Year 7 girl group - came offstage in tears, due to some technical difficulties they'd faced. They'd rehearsed for weeks and were gutted that their song did not sound how they wanted. Two of our year nines immediately scooped them up and gave them the most endearing speech about resilience and how being a performer is all about overcoming the failures and styling it out. They even managed to get something in there about our school values!! I couldn't have given them better advice myself! Their kindness and eloquent words really made a difference to the little ones, and they felt able to go out and give it another go. It was humbling to see.'*





### **Parents Evening**

The following parents evening will be held during the Summer Term:

- Thursday 8<sup>th</sup> June – Year 10 Parents Evening – booking details have been provided to parents.

### **Changes of Personal Details**

To ensure that you receive the most up to date information relating to school life and so that we can contact you effectively. Please could I ask that you ensure you notify school when any of your family contact information changes, such as changes to phone numbers or addresses. Please email any changes to [admin@sc.coastandvale.academy](mailto:admin@sc.coastandvale.academy)

### **Sporting Achievements**

Well done to all students who have been competing for school in sporting events this half term. The summer term has seen some fantastic achievements for students in PE.

### **Football**

The Y10 boys Football team were the winners of the Scarborough and District U15 Knock Out Cup and have been undefeated in all of the games this season bar one county cup match.





The U15 girls Football team have had a fantastic season and came second in the Scarborough District U15 Knock Out Cup.



Our Year 7 boys Football team are certainly one to watch, with a clean sweep this season. They were also the winners of the Scarborough and District Knock Out cup.



Lil Scott (Y10) and Isla Jones (Y8) have been selected to join the 'Future Lionesses Development Programme'. Brooke Mason (Y10) is also lined up for trials with the programme as well as the National Development squad. This is a fantastic achievement for the girls and will hopefully lead to some exciting opportunities in the years ahead. We wish all 3 girls the best of luck.





## Netball

The Year 9 Netball team have had a superb season. Their hard work and dedication to training secured them a place in the Scarborough and District U14 Knock-Out Cup netball final against Scarborough College. It was an evenly matched, high pace game and the girls narrowly missed out on the victory to come 2<sup>nd</sup> in the district.



## Athletics

The following students were selected to go to County Athletics trials at Malton School on Tues 25th April. The students competed against all the schools in the Scarborough/Whitby/Ryedale District to win a place on the County Athletics Team.

Harry Coles -1500m 2nd Place  
Ellie Mae Sharp -100m 2nd Place  
Oscar Tomlin -Triple Jump 2nd Place  
Ellie Mae Bloomfield – Discus 2nd Place  
Taylor Ayrton – High Jump 3rd place  
Henry Jennings – High Jump 2nd place.

A fantastic performance from all our students. Congratulations to those who came 1st or 2nd, they will now go through to compete for the County Athletics Team on June 10th. Well done – all students will be receiving Platinum Tickets!





On Wed 3<sup>rd</sup> May Scalby School was host to the annual Town Sports Athletics event. Students from Y7-10 were selected to represent the school in track and field events. Not only were our students exemplary in their behaviour and sportsmanship but they were the overall winners of the event scoring an impressive 351 points overall. Students who came 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in their event will now go on to compete in the district athletics meet at York on Tues 13<sup>th</sup> June. We wish them all the best of luck.

### **Students Achievements Outside of School**

It was fantastic to hear that several our students took part in a recent football tour to France run by the local Robbie Hawkes Health Soccer Academy. Robbie sent this message to school relating to the trip:

*'Our club enjoyed a fantastic time in France, taking on opposition teams from a variety of districts and some Belgium opposition. The whole idea was to give the players the experience of a pre-season tour that many professional clubs run and will now become a regular feature each preseason for our club, with the hopes of visiting many European countries to play football and experience their culture, in particular their approach to the game. We found out the French / Belgium teams play a far less physical game than we coach in England and the formats and age bands differ slightly, again giving us a great insight into how they do things. I'd like to thank all the schools for allowing the students to experience this and we are very proud to have also come home with some silverware at U13 & U15, with many Scalby School pupils being a part of these winning sides.'*

It was lovely to hear from Robbie about how Scalby students had done on the trip, and a number of them have shared their experiences with me. It is great that Robbie and so many other local groups run these activities for young people in our community.

If you would like to share examples of student's achievements outside of school, I would love to hear about them so we can celebrate these achievements as a school community. Please email any achievements to [admin@sc.coastandvale.academy](mailto:admin@sc.coastandvale.academy)

Once again, I hope you manage to enjoy some time together as a family over the next week and we look forward to seeing everyone back in school on Monday 5<sup>th</sup> June.

Thank you for your continued support.

Yours Faithfully,

Mr C. Robertson

Headteacher





At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# PREVENTING AND RESPONDING TO ONLINE BULLYING

## Top tips for parents and carers



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app, and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem, and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details at the bottom of this guide.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.



### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/), and can be reached on 0800 800 5000

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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